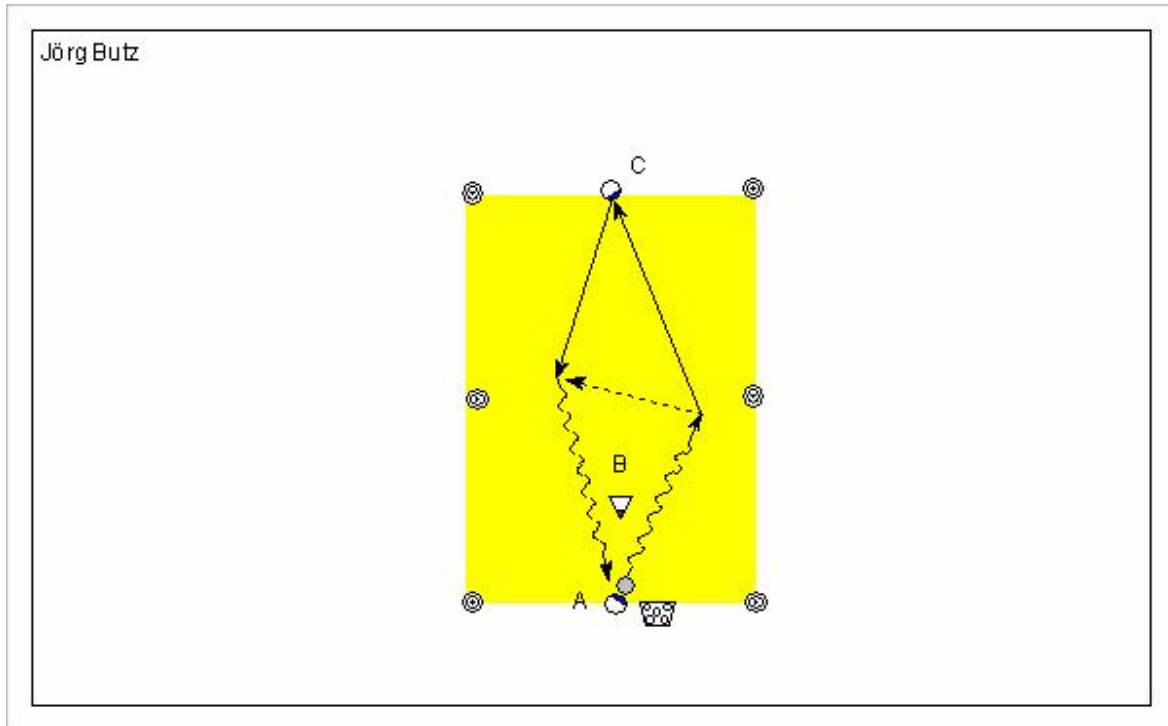


## Tactical training Awareness and moves



### 1 against 1

#### Organisation

3 players and 1 ball

Player A stands 5 metres in front of B with the ball. C stands 25 metres behind B.

A dribbles to B who is semi active, beats B and passes to C.

C controls the ball and passes back to A who repeats the exercise.

Roles are swapped after 10 goes.