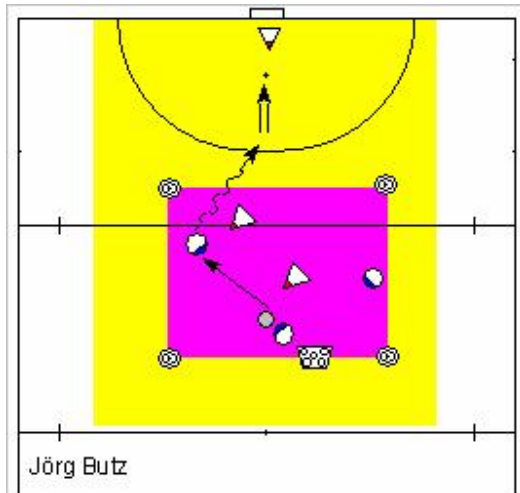


Tactical training Awareness and moves



1 against 1

Organisation

5 players, 1 goal with keeper, 1 ball and a defined pitch just outside the D.

3 forwards and 2 defenders line up in the pitch. The attackers try to dribble into the D and score in a 1 on 1 with the keeper.

The defenders may not leave the defined area.