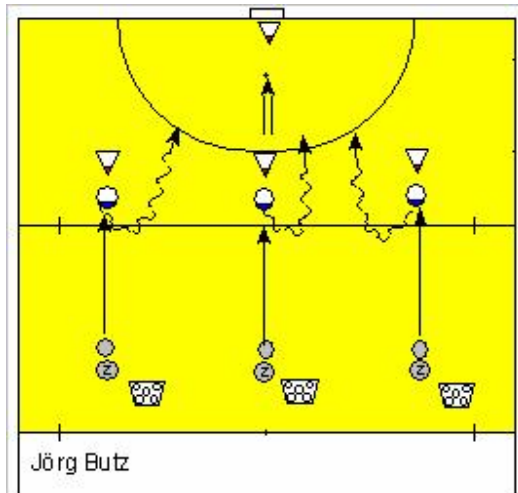


## Tactical training Awareness and moves



### 1 against 1

#### Organisation

A number of trios each with 1 ball, 1 goal and 1 keeper.

The trios line up as in the diagram

The giver passes a ball to the forward.

He collects the ball and plays a 1 on 1 dual with the defender with the aim of scoring a goal.

Then the next group begins.