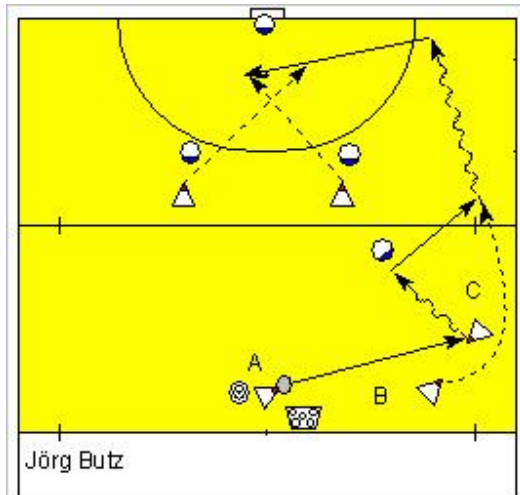


## Crossing Staged exercise



### Goal of the exercise

2 attackers with defenders on the line of the D in front of the goal with keeper.  
Then 3 attackers + 1 defender at the specified positions in the midfield.

### Level 2

Attacker A passes wide to C, who runs towards the goal with ball.

At the moment A plays to C, B runs around outside C and follows C at speed.

C dribbles towards his opponent and passes out to B. B dribbles to the goal line and crosses to the goal.

### Pay attention to these points

The crossing of the attackers in the D and the accurate pass to the front or back post!

### Variations

The opponent on the wing tries to prevent the pass from C to player B who is running behind C.

C then gets the opportunity to go on himself.

Only one defender in front of the goal.