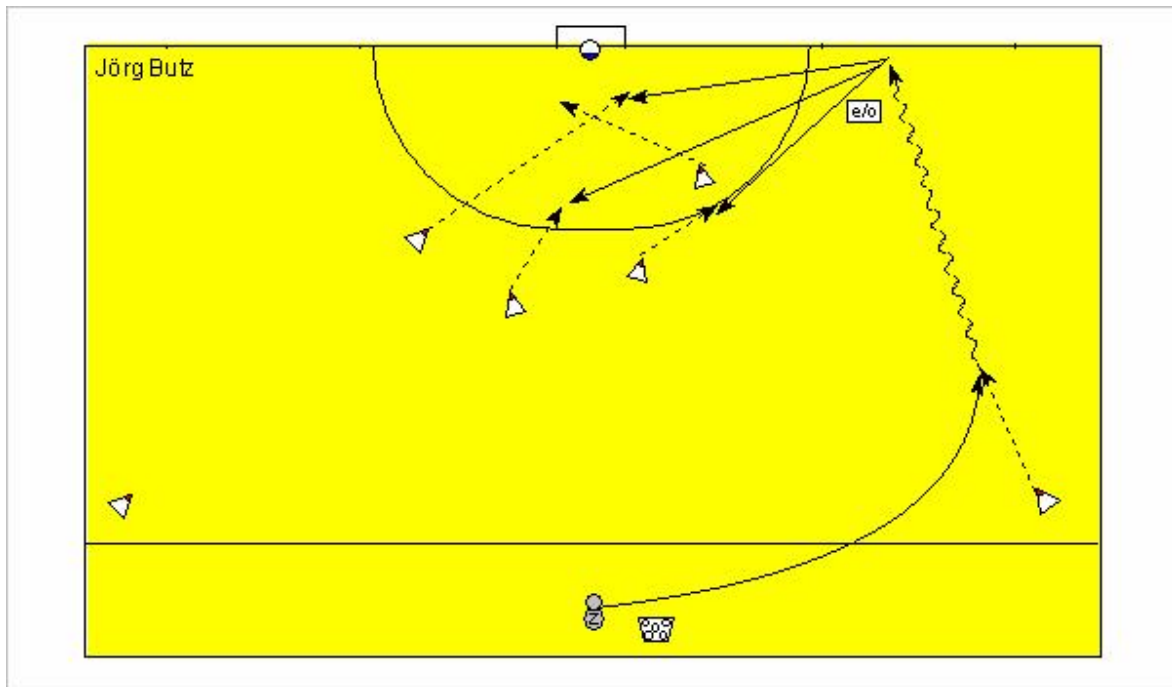


## Repeat Exercise Improving passes and crosses



### Set up of the exercise

- A winger on each side of the pitch
- 1 provider to pass the ball
- 4 attackers in front of a goal with keeper

### Cross by field players with finishing off on goal II

Alternating: One of the wingers receives a scoop from the provider and crosses into the circle where 4 attackers are running in crossing each others paths

### Variation

6 cones mark an area in the circle into which the crosses must be played by the wingers