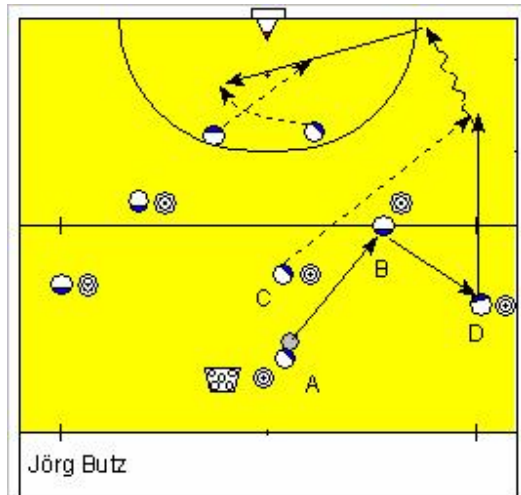


## Tactical Training Cross following III



### Goal of the exercise

On one part of the pitch in front of the goal with keeper there are 8 attackers on the named spots.  
2 central midfielders A and C, plus a group of two wing players on each side  
2 attackers stand in front of the goal.  
Midfielder A has the ball.

### Voorzet after overspel 3

The attack combination alternate via both wings.  
The defensive central midfielder A starts the attack with a pass to the front wing attacker B who directly plays back to their team-mate D who is standing behind him.  
D then plays diagonally inside the attacking midfielder C, who passes back into D's stride.  
D dribbles to the goal line and gives a cross to both attackers who are waiting in front of the goal!

### Pay attention to these points during the exercise

Pay attention to the attackers timing. They must make a short sprint to get to the cross. Avoid long runs.  
Point out to the attackers that they must cross each other!