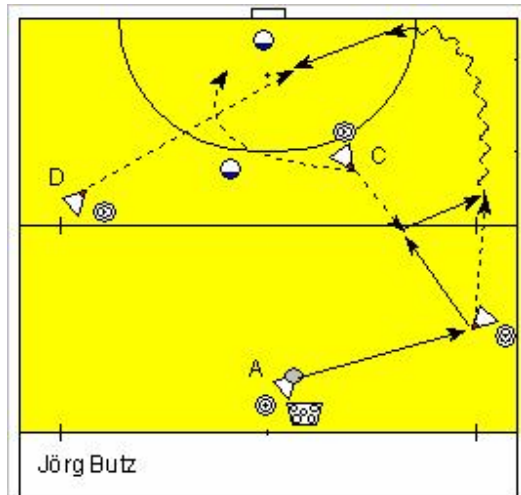


Tactical Training

Cross following combinations



Goal of the exercise

On one part of the pitch in front of the goal with keeper there are 4 attackers on the named spots. Another player, a defender, stands 20 metres in front of the goals. The attackers start from a different position.

Cross after combining 2

A passes hard and accurately to the wing player B. at the same time C runs back from the front and offers themselves for a 1-2. After the 1-2 with C, B runs to the goal line places the ball back to attackers C and D whose paths cross in front of the goal.

Pay attention to these points during the exercise

The crosses can be made from different directions from near the goal line.

Pay attention to the execution of the 1-2 (accuracy of the pass, speed changes, etc)!